

## SPECIAL GUEST

CAMFT is pleased to announce that Alan Hovestadt, AAMFT President will be attending our conference. Alan will speak briefly during the lunch break on both days. This is a great opportunity for CAMFT members and we look forward to having him join us for this exciting conference!

JOIN US

## Growing Stronger Together – CAMFT Annual Conference with Jeffrey K. Zeig, Ph.D.

Come join us for an exciting presentation on the most up-to-date practice strategies for successful work with your changing patients.

Visit exhibitors, enjoy the presentation and lunch in a comfortable location and connect with your colleagues!

*"Jeffrey Zeig has been the driving force behind many of the most important changes and applications and, indeed, how therapy is done more briefly and successfully. He is a superb teacher who creates a powerful context for developing greater clinical skills."*

*Michael D. Yapko, Ph.D.  
Author of "Breaking the Patterns of Depression" and  
"Hand-Me-Down Blues"*

SPONSORS

CAMFT appreciates the generous support of our 2006 Annual Conference sponsors and our partners in family education. Many exciting and diverse organizations will be available with programs, information and materials to benefit you! Special thanks to:

### GOLD SPONSORS:

THE COLORADO SCHOOL FOR FAMILY THERAPY  
DENVER FAMILY INSTITUTE

### SILVER SPONSOR:

ROBERT A. LEES & ASSOCIATES  
ATTORNEYS AND COUNSELORS AT LAW

CAMFT

The Colorado Association for Marriage and Family Therapy (CAMFT) is a leader in helping families become safe places for people to grow and thrive. We help individuals and families develop the skills they need to meet the challenges and strengthen relationships. CAMFT is a division of the American Association for Marriage and Family Therapy, an international organization of 23,000 marriage and family therapists. CAMFT welcomes new members and new members who are willing to volunteer in CAMFT leadership positions.

For more information about CAMFT, [therapistlocator.net](http://therapistlocator.net) or membership, visit us on the web at [www.coloradotherapists.com](http://www.coloradotherapists.com) or contact us at 1-888-458-1713.



*Register today!  
Conference expected to  
fill quickly!*



# 2006 ANNUAL CONFERENCE

## COUPLES IN CONFLICT: Resolving Ties That Bind

Featuring:

# Jeffrey K. Zeig, Ph.D.

*Founder and Director of the Milton H. Erickson Foundation, Inc.*

**Friday, September 8  
and**

**Saturday, September 9**

**8:00-9:00am Check-In**

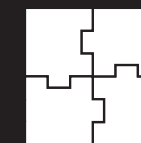
**9:00am - 5:00pm Conference**

**John Q. Hammons Convention Center  
at the Holiday Inn DIA**

*Conference Sponsored In Part By:*



Family Therapy  
[www.familyplaytherapy.net](http://www.familyplaytherapy.net)



DENVER  
FAMILY  
INSTITUTE

[www.denverfamilyinstitute.org](http://www.denverfamilyinstitute.org)

# COUPLES IN CONFLICT: RESOLVING TIES THAT BIND

## CONFERENCE OVERVIEW

The central committed relationship in our lives is, among other things, our best chance to extricate ourselves from a painful past. Whether by providing the opportunity to develop a greater capacity for separateness or for connectedness, whether by encouraging old scripts to be given up or new paths to be forged, the healing process can take root in the right relationship. Yet, relationships often are the source of distress and counseling ensues.

We will explore experiential methods of helping couples. Enduring change in relationship therapy can be elicited by creating dynamic experiences. **Invigorate your practice regardless of your theoretical approach or level of experience.** Experiential exercises will be used to help attendees master principles of assessment and treatment. Includes lecture and live demonstration.

### DAY One: Learn TO DO Effective Relationship Therapy

Promote change through experiential models. Use action-based assessment to create a treatment plan. Learn advanced techniques for faster and more enduring change. Combine the latest methods from Ericksonian, Strategic, Gestalt and Experiential approaches. Dr. Zeig will comment on difficult cases and clinical situations faced by participants. Life demonstration and role-playing will complement lecture and case presentations.

#### THE M.A.T.E. MODEL

##### The Difficult Relational System

- The model and its assumptions
- Case examples
- Therapeutic pitfalls with the difficult relationships

##### An Action Assessment

- Speaking the couple's experiential language; creating phenomenological maps
- Relationship types: Determine the couple's *posture* and create a treatment plan
- Experiential exercises
- Designing effective interventions: progress through process

#### Models of John Gottman and Helen Fisher

##### Demonstration / Role-plays

- Hands-on practice – Learn by modeling / learn by doing

### DAY TWO: Learn TO BE an Effective Relationship Therapist

Modeling master clinicians such as Milton Erickson and Carl Whitaker, you will learn how spontaneity and discipline merge to form the foundation of creative and effective clinical work. Growth games are integral to this systematic experiential training. Exercises used in this workshop for clinician development can be readily applied to couples therapy in order to shorten treatment and make therapy fun for both clients and clinicians.

#### The S.T.A.T.E. MODEL

##### Clinician Development

- An overview of an experiential approach
- Countering countertransference
- A meta-model of intervention/applications
- Choice points in therapy

##### Developing Lenses – Methods of Viewing

- Demonstration and practice
- Experiential techniques for over-engaged and disengaged couples
- Use enactments and experiments to promote change
- Maximize and maintain therapeutic gains

##### Developing Muscles – Methods of Doing

- Demonstration and practice
- Utilize the marital system and harness resistance

##### Developing the Clinician

- Discover how therapist flexibility is an instrument for change

## OBJECTIVES

- ✓ Given a couple, devise an exercise to address a specific clinical issue
- ✓ Provide rationale for using experiential treatment methods
- ✓ Professional strengths/weaknesses – identify self-improvement exercises
- ✓ Use an action assessment to create a treatment plan
- ✓ List three ways to utilize the power of the couple's system
- ✓ Describe how to 'process' an intervention to facilitate its effectiveness
- ✓ Utilize techniques to increase your clinical awareness, sensitivity and skills
- ✓ Shorten treatment time and increase adherence/compliance by making the process of couples therapy more enjoyable to everyone involved

## PRESENTER



**JEFFREY K. ZEIG, Ph.D.**, is Founder and Director of the Milton H. Erickson Foundation, Inc. He has edited, co-edited or authored 22 professional books and five monographs covering Ericksonian psychotherapy, hypnosis, brief therapy, and integrative psychotherapy. Dr. Zeig is the architect of The Evolution of Psychotherapy and the Brief Therapy Conference. He is on the editorial board of numerous journals, Fellow of the American Psychological Association, Fellow of the American Society of Clinical Hypnosis, has served as an Approved Supervisor of the AAMFT, was a Clinical Member of the International Transactional Analysis Association and was Adjunct Assistant Professor of Clinical Psychology at Arizona State University. He has a private practice and conducts workshops internationally. His presentations are highly regarded and he has received the highest ratings for teaching ability.

## CONT. EDUCATION

Continuing education credits will ONLY be distributed at the end of each day. You must attend the full day to receive credit.

This conference is approved and meets the criteria for:

- 6 continuing education credits from the California Board of Behavioral Sciences (per day).
- 6 continuing education credits for NASWCO (per day).
- 6 contact hours for NBCC (per day).
- Approved continuing education program for mental health practice and social work for the states of Nebraska and Wyoming.
- Continuing education for social worker, professional counselors and MFTs for the state of Kansas.



## HOUR FOR POWER

CAMFT has a **political committee** that will allow us to protect and promote our licensure as LMFTs, build relationships with legislators and educate them about who we are and what we do. Our PC will allow legislators to hear our stand on pertinent issues, promote our interests, be taken seriously in the legislature, and give more money to candidates who support our issues. PC's don't fund themselves, but are funded by the people they will help. Contribute by offering an **"Hour for Power"** – the amount you charge for one hour of your professional services. Please include your contribution with your registration. Let's continue "Growing Stronger Together" as we influence Colorado for healthy relationships, families, and communities.

## GENERAL INFORMATION

**Location:** The John Q. Hammons Convention Center at the Holiday Inn DIA (Denver International Airport) 15500 East 40th Avenue • Denver, Colorado  
A block of rooms has been reserved at the rate of \$89/night. Reservations must be made directly with the Holiday Inn DIA by August 8 (303-371-9494) and mentioning the CAMFT conference to receive this rate.

**Times:** Check-in 8:00-9:00 a.m. (both days)  
Conference 9:00 a.m.- 5:00 p.m. (both days)

**Deadlines:** Mailed Registrations postmarked by August 26  
Emailed Registrations received by September 1  
Phone Registrations accepted until September 5

**Questions:** Contact CAMFT at 303-792-3966 (local) or 1-888-458-1713.

**Refund Policy:** Registration fee will be refunded, less a \$20 administrative fee, if cancellation is received **prior to August 25, 2006**. Cancellations received **after August 25, 2006 are non-refundable. No refunds will be made on group rates**, however, you may substitute a replacement (please notify CAMFT of the new attendee's information). If you are unable to attend due to an emergency or illness, we suggest you send a replacement. **We cannot make exceptions to this policy.**

## REGISTRATION

### THREE EASY WAYS TO REGISTER:

- 1: Complete this form, enclose check (made payable to CAMFT), money order, or Visa/MasterCard information and mail to CAMFT, 1420 Abilene Drive, Broomfield, CO 80020.
- 2: Call 303-792-3966 (local) or 1-888-458-1713 (toll free) with your name, address, Visa/MasterCard card number and expiration date.
- 3: Email camftco@hotmail.com with your name, address, Visa/MasterCard number and expiration date.

(PLEASE PRINT CLEARLY)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please check here if you are a **current member of AAMFT/CAMFT.**

**LUNCH:** Lunch is included with your registration. Lunch will be served buffet-style featuring a variety of entrées, salads, side dishes, and desserts. If you have a specific dietary concern, please call 1-888-458-1713.

### FULL CONFERENCE (Friday & Saturday)

- Early Registration** (*postmarked by Aug. 12, 2006*) \$225.00
- Early Student\* Registration** (*postmarked by Aug. 12, 2006*) \$195.00
- Full Registration Fee** \$240.00
- Full Student\* Registration Fee** \$210.00

### GROUP RATES – Available for FULL CONFERENCE ONLY (both days) AND MUST BE RECEIVED BY AUGUST 12, 2006

Three or more persons attending from the same office/company. **REGISTRATIONS MUST BE MADE TOGETHER AND WITH ONE FORM OF PAYMENT.**

Prices are per person.

- Group Registration** \$220.00
- Group Student\* Registration** \$185.00

### ONE DAY REGISTRATION: FRIDAY SATURDAY

- Early Registration** (*postmarked by Aug. 12, 2006*) \$150.00
- Early Student\* Registration** (*postmarked by Aug. 12, 2006*) \$120.00
- Full Registration Fee** \$160.00
- Full Student\* Registration Fee** \$130.00

\*Valid student ID or proof of student status must accompany registration.

### CAMFT Political Action Committee Contribution

**YES!** I am including \$ \_\_\_\_\_ to support the CAMFT PAC.

#### METHOD OF PAYMENT

Please send me an email confirmation of my registration.

Email: \_\_\_\_\_

**TOTAL AMOUNT OF PAYMENT: \$** \_\_\_\_\_

Check Enclosed  Money Order Enclosed

I wish to pay by credit card (please circle):  

Name of Cardholder (PRINT): \_\_\_\_\_

Card Number: \_\_\_\_\_

3-Digit Code (on back of card): \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_